

31 YEARS OF SERVING THE COMMUNITY OLD BROOKLYN NEWS

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Cleveland Poles to sponsor Polish Constitution Day parade and activities on weekend of May 2nd & 3rd

by Lynette Filips
lynetef@oldbrooklyn.com

The Irish have their St. Patrick's Day Parade and the Italians their Columbus Day Parade, and Cleveland's Polish population has their own parade, too. It celebrates the constitution which Poland adopted in 1791, and will be taking place on Sunday, May 3rd at 1:30 p.m.

The parade will begin at Washington Park in Slavic Village near I-77 and Fleet Ave. It will proceed down Fleet Ave. to Broadway Ave. and Forman Ave., ending at the Alliance of Poles Hall, 6966 Broadway Ave. Polish flags will line the parade route.

The Constitution Day celebration will continue there, with a presentation given by the National Secretary of the Polish National Alliance in Chicago. Cultural and photo

exhibits, food and beverages will follow the formal program.

There will be another reception and cultural program at 7 p.m. that evening at the Polish American Cultural Center, 6501 Lansing Ave.

While the Polish parade won't attract the crowd that the Irish have at their St. Patrick's Day parade, it's nonetheless very important to Cleveland's Polish community. And, given the redistricting of Cleveland's City Council, and the fact that next year at this time, part of our South Hills neighborhood will be sharing political boundaries with Slavic Village, what's happening with our neighbors to the east is becoming increasingly important to Old Brooklyn and Brooklyn Centre.

Although most of the Polish people in our immediate community aren't descended from the "east-side Polish", but rather from people in Tremont who moved south along the Pearl Rd. corridor, all Poles share a common link to the old country.

And so, putting a new spin on the "You're so Irish if..." statements we made in March, we've come up with a set of cultural observations about the Polish for this issue. Read on and see if you agree that you're so Polish if...

- you learned to polka shortly after you

learned to walk, and even now, there's nothing like hearing the beat of a polka to put you in a dancing mood;

- your earliest childhood shopping memories are of the West Side Market;

- your parents made you take accordion lessons when you were a child, sent you to Polish language school, and maybe to gymnastics classes at Sokol Polski in the Polish Falcons Hall, too;

- your "Babcha" (Grandma) wouldn't leave home without her babushka; you also remember her sending boxes of clothing to her relatives in Poland and teaching you how to make homemade noodles;

- some of the men in your family — maybe the Grandpa you called Dziadzia — worked in the steel mills and cashed their pay checks at the corner bar; they still always say "Na Zdrowie" before they down a shot and a beer;

- your uncles have names like Stanley/Stash, Chester/Chet, Casimer/Casey, Walter, Adalbert, Andrew, George, Ted, Joe, John, Mike and Ed;

- on Memorial Day weekend, at least one of those uncles hands out red paper poppies to solicit donations for the Polish Legion of American Veterans;

See *Polish Constitution Day* page 8



Photo courtesy of Olga Teresa Sarbinowska

This archival photo depicts children in Polish folk costumes who walked with the Alliance of Poles (a Polish fraternal benefit society) in a Polish Constitution Day parade. In bygone eras, the parade traveled through downtown Cleveland rather than through Slavic Village.

OBCDC conducts community meeting

by Robyn Sandys
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Old Brooklyn Community Development Corporation (OBCDC) decided a few months ago to hold additional membership/community meetings each year besides the annual meeting usually held in October. On April 23rd the first of these meetings took place in 2009. It was held at the Gavin Lee Party Center. There were about 50 people in attendance.

The purpose of holding the additional meetings is to provide members and residents with information throughout the year about CDC activities and programs, and to answer questions from the community about their concerns. OBCDC expects to have another of these meetings before the annual meeting in October, most likely in early August.

The April meeting was planned to be an informal session, but after the redistricting of Old Brooklyn and Brooklyn Center Wards, which will effect the CDC's service area, the Board of OBCDC decided to add a

membership vote to the agenda for the evening. The special membership vote pertained to changing the boundaries slightly for the CDC to name them by Cuyahoga County Planning Areas as opposed to City Ward boundaries. The membership voted 24 in favor and 2 opposed to change the boundaries.

The new boundaries are now the Statistical Planning Areas (SPA's) as defined by the Cuyahoga County Planning Commission as Old Brooklyn and Brooklyn Centre, with the small caveat of including a few streets at the northern boundary of Brooklyn Centre to include Woodbridge Street west to 35th Street.

The remainder of the meeting emphasized several area wide planning studies that were recently completed or soon will be completed. These studies were commissioned by OBCDC over the past few years.

The Cuyahoga County Planning Commission was hired by OBCDC to do the Master Plan. They presented the scope and some findings from this report at the meet-



Photo by Tom Sargent

The trees along Fulton Pkwy. which bloomed so beautifully in April are Higan Cherry (prunus subhirtella), closely related to the cherry trees in our nation's Capital. Thanks to Steve Balyint of the City of Cleveland's Department of Forestry for identifying them for us.

ing. In addition, OBCDC staff presented other planning studies.

The planning studies reviewed included the Master Plan for Wards 15 and 16, which includes Brooklyn Centre and Old Brooklyn, a Transportation for Liveable Communities Initiative study (TLCI), which provided recommendations for streetscape and road improvements for W.25/Pearl Road from Lorain Avenue to Brookpark Road.

The Lower Big Creek Greenway Redevelopment and Restoration Plan outlines specific ideas for land uses for the Lower Big Creek which includes a camp ground and "extreme" sports park including-biking, propelling, rock climbing and so forth.

The Lower Big Creek plan is currently on OBCDC's web site. The TCLI will be soon, and the Master Plan will be on the site in June. The Master Plan did include an economic market analysis conducted by a private firm last June. The results of that study are on the web site. All CDC planning studies and documents can be found at <http://www.oldbrooklyn.com/planning.htm>.

See *Community meeting* page 2



Photo by George Shuba

Brooklyn Kiwanian Keith Hamulak looks over one of the six Master Planning boards which were on display at OBCDC's community meeting on April 23rd at Gavin Lee Party Center.

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Fat Guy's Bar & Grill

by Donald Heckelmoser
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Fat Guy's Bar & Grill is one of the more recent hotspots in Old Brooklyn and Brooklyn Centre for food, drinks and fun. Fat Guys' opened their doors on March 1st, 2008 and is located at 5517 Memphis Ave. on the corner of West 56th St.

Ricky Betler, Thomas Smith III and Sondra Smith are the owners and proprietors of Fat Guy's Bar & Grill. They are family, and are looking forward to turning Fat Guy's into a nice family location for food and fun. Ricky is looking forward to buying a house in the neighborhood and really making Old Brooklyn a home.

Fat Guy's currently offers a full menu of appetizers, salads, specialty sandwiches, wraps, burgers, chicken sandwiches, pizza & entrees. The entire menu was devised especially for Fat Guy's by Ricky and his family. Food prices range from \$3.99 to \$17.99.

Both of Ricky's parents are retiring in July from the Sheriff's Department and are looking forward to investing more time and energy into the establishment. Ricky's mom, Sondra, is especially looking forward to making daily specials that really set the place apart.

Ricky wanted the restaurant to include more than food so they have plenty of pool tables, dart boards and Keno for their patrons. They are also community minded. In 2008

they sponsored the Old Brooklyn girl's tee ball team. Ricky and his family are looking forward to sponsoring more teams this summer and throughout the years.

Fat Guy's Bar & Grill is an unusual name for a bar. It all started when Ricky was working at an old establishment that he owned. At this location the grill was always open until 2 a.m. Ricky's uncle, a 1st District police officer, always worked 3rd shift and said he was sick of eating late night fast food. Ricky told him to call in for food and he would have it ready for him.

The word spread quickly to other 1st District officers who worked 3rd shift and when they would call in their orders they would ask for the "fat guy". The name stuck and when Ricky had the opportunity to name a new bar he saw no other choice. Fat Guy's Bar & Grill was born.

Fat Guy's offers daily specials including food and drink. Monday through Saturday they offer a happy hour from 11 a.m. - 7 p.m. that includes \$1.25 domestic drafts, \$1.75 domestic bottles and \$2.00 well drinks. Fat Guy's also offers daily 23 oz. domestic drafts and \$4.00 domestic draft pitchers during all Indians, Cavaliers, Browns and Ohio State games.

For more information on Fat Guy's Bar & Grill or to inquire about having a sports team sponsored please call 216-351-7526 or visit www.fatguysbarandgrill.com

Old Brooklyn CDC Now Accepting Nominations for the Board of Trustees

The Old Brooklyn Community Development Board of Directors is now accepting nominations to fill seats that will be vacated by the Directors whose terms end this fall. Please submit your contact information (including email) and a biography of yourself to:

Old Brooklyn CDC
3344 Broadview Rd.
Cleveland, OH 44109

Attention: Lynea M. Reindel

You may fax the information to 216-459-1741 or email cynthiac@oldbrooklyn.com. There

are 3 categories: residential, commercial and institutional.

For further information about the CDC, please go to www.oldbrooklyn.com. The Board of Directors link includes a copy of the CDC's Code of Regulations which describes the criteria for each category. Additional information will also be posted in upcoming editions of the *Old Brooklyn News*.

You must also be a member in good standing, which means your membership dues are up to date. Membership information is also available on the web site.

From the desk of the executive director

by Robyn Sandys
robysn@oldbrooklyn.com



This will be a short article this month since we already reported on much of what the CDC is up to in the front page article that discussed our membership meeting in April.

I have met with all of our potential new Councilmen, Tony Brancatelli, Joe Cimperman and Joe Santiago this past month. They all seem to be interested in our activities and programs. As you may already know, all City Councilmen are up for election this coming November. So we will not know who will represent Old Brooklyn and Brooklyn Centre until after November 3rd. Then the four who are elected will be our official council representatives starting January 1, 2010.

However, the way OBCDC's funding works from the City of Cleveland and through Council support, is the current councilmen, Brian Cummins and Kevin Kelley will be the one's deciding on our allocation of support for the next fiscal year which runs from July 1, 2009 through June 30, 2010. If you are totally confused after reading this, feel free to email or call for further clarification.

Next month I will have a lot to report on. We will be purchasing our first home to rehab and sell. We hope to have it completed by the July 18th "All Access" Home and Bicycle Tour so it can be a part of the tour. We expect to close on the home this month (if all goes as planned). I will have more specific details regarding the address and our progress on rehab in the June issue of the OBN.

Community meeting from front page

The planning presentation was the highlight of the evening. OBCDC's director also noted some of the CDC's activities over the last several months as well as the upcoming "All Access" Home and Bicycle Tour to be held on Saturday, July 18. More information about this event is on page 7 of the OBN. Some of the key items that were reported included:

OBCDC's Business Directory 20 year anniversary edition will be distributed in June.

Home Resources Brochure that the CDC recently completed lists all of the resources and services available to residents who need help with home repairs, painting the outside of their home, foreclosure, and more. All of the information is also on the website at:

<http://www.oldbrooklyn.com/toolbox.htm>.

Cleveland Magazine includes a special section on Cleveland's neighborhoods in the May issue. The CDC has a page in the special section and there is additional information about the area in it as well.

Summer Movie Nights sponsored by Councilman Kelley and the CDC. There will be one movie a month presented on **June 19**,

The other news I will be reporting on will be the near completion of the CDC's organizational three year strategic plan. We have been engaged with this process for the past several months. This plan takes into account goals, strategies and action steps outlined in the Master Plan discussed on the front page. This new organizational plan will be the CDC's road map for the foreseeable future. We will share that plan with you on our web site and at another meeting of the membership this summer.

Remember that paint program applications are now available at the CDC if you need your house painted. Call to set up a time to get an application and to determine if you qualify. Also, go to our web site to see an updated "Toolbox" of housing resources that the CDC provides at <http://www.oldbrooklyn.com/residential.htm>. It is listed under Residential Resources.

Have a happy spring and tell all of your friends, family members, co-workers about the Home and Bicycle Tour this July 18th in partnership with Walk+Roll. It will be an exciting day of touring the neighborhoods homes and attractions and then ending with a great fun family event at Brookside Reservation. The event is called "Brookstock-A Celebration of Music and Nature." Our event starts at 10:00 a.m. and ends at 3:00 p.m., their event starts at 4:00 p.m. Hope to see you all there if not before!



July 25 and Aug. 14. See more information on the back page of this edition.

All regular programs of the CDC like Code Compliance which helps residents and businesses keep up to code on their homes and commercial structures is going well with nearly 700 structures surveyed since July of 2008.

OBCDC will be purchasing their first home this May to rehab and sell. There will be more of an update in the June OBN.

The CDC is especially excited about the upcoming "All Access" Home and Bicycle tour which is in partnership with Walk + Roll. There will be bicycle and home tours of the entire area and the CDC hopes to attract hundreds to this event. For more information go to both OBCDC's web site or the Walk + Roll site at www.walkroll.com

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email: sandyw@oldbrooklyn.com



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MISSION STATEMENT: We are committed to uniting, engaging and empowering the community to improve the economic vitality and quality of life within the Old Brooklyn and Brooklyn Centre neighborhoods

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Old Brooklyn Community Development Corporation Board Meetings, are every fourth Tues. of the month, 6-7:30 pm. OBCDC meeting room (3344 Broadview Rd., upstairs). Meetings open to the public but the board reserves the right to close portions of the meetings. To confirm call 216-459-1000.

Old Brooklyn News

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This month's OBN writers -- Lynette Filips, Ben Franklin gardeners Mark Tapajna, John Jenkins & Lisa Young, Dana Korosi, Eileen Shepard & OBCDC staff

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Ben Franklin Community Garden continues long horticulture tradition in neighborhood

by Mark Tapajna, John Jenkins
and Lisa Young
Ben Franklin Garden Committee members

The Ben Franklin Community Garden is a jewel in the crown of the Old Brooklyn neighborhood. Established as a community garden in 1979 through an agreement between the Old Brooklyn Community Development Corporation (OBCDC) and the Cleveland Board of Education, it is one of the largest and most productive garden sites in the city of Cleveland. It is a focal point of the South Hills neighborhood and one of the earliest examples of the development and use of eco-friendly urban space.

The Ben Franklin School and Garden have a long history and a tradition of education, service and community focus. Ninety years ago (in 1919) the land that would become the school and gardens was transferred to the Cleveland Board of Education. The School was built in 1923 on 10.44 acres of land with 4.77 acres dedicated to garden use.

The gardens were first used as a nursery for growing plants for other schools in the vicinity. Originally the gardens had hot beds, an orchard, a grape arbor, small shrubs and



individual garden plots. The idea of the gardens was successful and the demand was great.

In a spirit of true community, children from surrounding schools, both public and parochial, were eligible to garden. This deeply-rooted custom of working, nurturing and learning from the earth continued into the 1970s when school finances became tight. Then the tradition passed from their auspices to that of the OBCDC, and larger community has benefited ever since.

Since this transfer there have been two Garden Attendants: Barney Killian, who held the position until 2000, and Tom Sargent, who has held the position since. The Garden is fortunate to have had the foresight and interest of both the OBCDC and the care and oversight of both Barney and Tom. Under Ordinance Number 1820-04 the School and Garden have also been recognized as a Cleveland Landmark (December, 2004).

In a continuing spirit of nurturing both the land and the community, the Ben Franklin Garden Committee was organized on 11/27/2007. The purpose of the Committee is to assure the future continuation of the Community Garden at Ben Franklin School and empower the community of gardeners to operate, improve and develop this resource to its full potential, while striving to maintain fiscal responsibility and discipline.

Members strive to promote an environment where local gardeners work together to grow needed food, support each other and continue a tradition that roots and supports the surrounding community.

bushes, and various types of trees.

In 1924 the first horticulture classes were taught to junior high students. Circa 1930, part of the nursery was eventually used as an outdoor classroom and picnic area, as well as

The Garden Committee consists of an Operating Committee with four officers and six sub-committees: Governance, Projects, Finance, Nominating & Elections, Preservation and Events & Information. The current Garden Committee members are: John Jenkins (Chairperson); George Oryshkewych (Vice-Chair); Mike Fodor (Treasurer); Lisa Young (Secretary); Jeff Kostura; Neal Wilds; Peter Chaky; Bill Smith; Mark Tapajna; Dan Misztal; and David Kuebler.

Under the Garden Committee's auspices, a \$5000 grant was acquired and spent to improve the equipment and operation of the garden and 1,276 volunteer hours were logged. In addition, there was a continuation of the food donations that amounted to 6,210 lbs., a garden donation fund was established, and several garden related education events were presented.

In August, 2008, Ben Franklin Gardens



entered the Cuyahoga County Fair and won the 1st place blue ribbon for community gardens. It was also recognized as an Old Brooklyn "institution" in October, 2008 and garnered a seat on the OBCDC Board of Directors.

This year the Garden Committee plans to continue the tradition of community service and access to the Ben Franklin Garden and invites past and prospective gardeners to actively participate in maintaining, improving and nurturing the garden, its gardeners and the community as a whole. Applications have been sent to prospective gardeners for the 2009 gardening season.

Volunteer opportunities will be available throughout the gardening season, and the Committee requests that gardeners continue to contribute food and service to the needy in the community.

Photos from CSU's
Cleveland Memory



COMMUNITY MEETINGS

Brooklyn Centre Community Association meeting, May 28th (& every fourth Thurs.), 6:30 pm, Brooklyn Memorial United Methodist Church, 2607 Archwood Ave. (corner of Archwood and Pearl).

Brooklyn Centre Naturalists meeting, Saturday, May 9th, 10 am to noon, Brooklyn branch of the Cleveland Public Library, 3706 Pearl Rd.; and -- free presentation, Saturday, May 23rd, also at Brooklyn branch of the Cleveland Public Library, 2 p.m.; Jan Rybka of the Cuyahoga Soil & Water Conservation District speaking about "Rain Gardens & Rain Barrels". For more info. about either program, contact the Brooklyn Centre Naturalists at bcnaturalists@gmail.com.

Brooklyn Genealogy Club meeting, Sun., May 17th, 2 pm, Brooklyn branch of the Cuyahoga County Public Library, 4480 Ridge Rd. Speaker, Ken & Pat Codney presenting "Journey from Ireland". Refreshments served; prospective members welcome.

Brooklyn Historical Society (BHS) - Wed., May 27th, 7 pm. BHS museum, 4442 Ridge Rd. Speaker, Mike McCormick (Brooklyn High School class of 57) speaking about the Ohio Canal & its relationship to Cleveland & Irish history. Mike began volunteering in the Cuyahoga Valley National Park in 2000 after he retired from the Plain Dealer. He & his wife give walking tours of Ohio City & Slavic Village during the Polish Festival in October. He also gives "golf cart tours" along the Canal for senior & handicapped folks who normally

would not be able to view the park. Everyone welcome; for more info. call Barbara 216-941-0160.

Old Brooklyn Community Development Corporation board meeting every fourth Tues. of the month, May 26th, 6 - 7:30 pm, OBCDC meeting room (3344 Broadview Rd., upstairs). Meetings open to public for review & comments, but board reserves right to close portions of meetings from public. Call 216-459-1000 to confirm date.

Historical Society of Old Brooklyn meeting, Fri., May 8th, 7 pm, Pearl Road United Methodist Church, 4200 Pearl Rd., (Use rear entrance off parking lot.) David Schellhorn of the Midwest Railway Society, speaking about the history of the B & O Railroad. Also refreshments & business meeting, plus candy bar sale.

Second District Police Community Relations meeting, Tues., May 12th (& every second Tues.), 7 pm, Applewood Center, 3518 W. 25th St.

Southwest Citizens Area Council meeting, May 7th (& every first Thurs.), 7 pm, Gino's, 1314 Denison Ave.

Ward 15 Democratic Club meeting, Tues., May 26th (& every fourth Tues.), 6:30 pm, Estabrook Recreation Center, 4125 Fulton Rd.

Ward 16 Democratic Club meeting Tues., May 19th (& every third Tues.), 7 pm, Gloria Dei Lutheran Church, 5801 Memphis Ave.

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DIABETES

What is Charcot foot?

Jeffrey A. Halpert, D.P.M.*

Thomas J. DePolo, D.P.M.*

Charcot foot is a sudden softening of the bones that can lead to a collapse of the arch.

Symptoms: Warmth to touch, redness, swelling, and sometimes soreness

Causes: Usually develops as a result of neuropathy (numbness) and lack of ability to feel temperature, pain or trauma. As the patient continues to walk, the deformity can worsen due to lack of sensation. Uncontrolled diabetic patients with longstanding neuropathy and a tight Achilles tendon have been shown to be at greater risk to develop Charcot foot.

Diagnosis: Early detection and clinical evaluation is extremely important for successful treatment. X-rays or other imaging tests such as bone scans and MRI studies may be ordered. Periodic x-rays are taken to aid in the progress of treatment.

Treatment: Early immobilization and protection are most important. Custom shoes, bracing, and modification of activity can slow or cease the progression. In some cases surgery may be used to correct the deformity.

Preventive care: Control of blood sugar levels, regular checkups with your foot and ankle specialist, and check feet daily for symptoms listed above.

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by Tom Collins
tomc@oldbrooklyn.com

The Power of One

What started as a resident's concern became an opportunity to bring artists, teachers, students, businesses and commercial property owners together to utilize storefront windows for art work.

Maria Dimengo, who lives in Old Brooklyn and is employed at Case Western Reserve University (CWRU), was disturbed by empty windows in vacant storefronts or, in some cases, by windows that were not displaying anything. Maria could have accepted the unappealing windows as just one of those things we have to live with. Instead, Maria turned an undesirable condition into an opportunity.

Maria applied for a small project grant at Case Western Reserve University. Then she contacted artists, CWRU students, teachers, businesses and property owners. She used the grant funds to purchase minimal supplies. She spoke to artists about displaying existing works and teachers to work with

students to create new art. She talked to businesses and commercial property owners about lending their windows for displaying art.

On Saturday, March 28, Maria brought together about four dozen volunteers to clean the windows and mount the art. Maria has proved again that one person makes a difference. Thank you, Maria Dimengo!

There is another Old Brooklyn resident who also makes a difference. He may not think that what he does is any big deal but it really is. David Jereb, a retired U S Postal Service Mail Carrier, is an avid walker. Like a dedicated letter carrier, weather is no deterrent to the long walks David takes every day. I suspect that he does not believe there is such a thing as a bad weather day; it is just that some days are nicer than others.

One morning several weeks ago I spotted Dave walking north on Valley Rd. about a block from Broadview Rd. It was a windy day in early April and a good amount of litter was traveling in the same direction. David was picking it up as he walked along, gathering it from front lawns, sidewalks and curbsides. He did not have to do this, but he is the kind of guy who does not think this is someone else's problem.

Dave Jereb makes a difference. He saw something that he did not like and he fixed it. Thank you, David Jereb!

Power of Many: River Sweep

There is always more to do. River Sweep, the annual volunteer clean up of public places along the Cuyahoga River Valley and its urban tributaries, will be on Saturday, May 9. Like a snowball rolling down a hill, the collective power of hundreds of volunteers makes a huge difference in three short hours.

The event is managed by Ohio Canal Corridor. That is the non-profit corporation overseeing the development of the 110-mile Ohio and Erie Canal Towpath Trail. This is the 20th anniversary of what may be the largest single day environmental clean up in Cuyahoga County. Volunteers, numbering about 1000, will fill far more bags as they remove litter and a range of illegally dumped items from auto parts to refrigerators.

The side benefit is that in removing trash from neglected areas, new ideas emerge

as to how the site can be better used. What was once an invisible ravine below Harmony Park, that was repeatedly cleaned during River Sweep, became a park extension hosting a paved all purpose trail to Crestline Ave. and Valley Rd. From there it has a street surface connection to the Towpath Trail.

The W. 14th St. hill is one of several focus points for cleanup in the Big Creek Valley. The road has long been closed to two-way traffic because of its deteriorating

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condition. Like the conditions observed by Maria and David, it is an unacceptable condition in need of change. And like the old trash-filled ravine below Harmony Park, the vision of volunteers will define a new use that is beneficial to the community.

Please join your friends and neighbors for three hours of River Sweep help on Saturday, May 9, at 9 a.m. We will assemble in the parking area of Zeleznik's Tavern, 4002 Jennings Rd. Gloves and T shirts will be provided, and a volunteer appreciation lunch will be served at the Plain Dealer Pavilion after the morning exercise.

ReStore Cleveland Progress for the Commercial Districts of Old Brooklyn & Brooklyn Centre

For more information contact

Tom Collins, OBCDC

Commercial Program Manager

216-459-1000

tomc@oldbrooklyn.com,

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My point of view -- Fibromyalgia Awareness Day is this month

by Eileen Shepard

In the summer of 2000, I started an informal support group called "Get Going Even with Fibromyalgia". It meets at various locations throughout Cuyahoga County. I do not have a website, but can be reached at 216-398-4880.

Because May 12th is Fibromyalgia Awareness Day, I asked some support group members this question: *What are the most important things you would like the public to be aware of about your daily challenges living with Fibromyalgia?* Here's what four ladies answered -

"Fibromyalgia is a stress-related form of soft tissue pain, while arthritis refers more to joint pain. When I was first diagnosed in 1979, it didn't really have a name, but was called muscular rheumatism or fibrocystis.

I went "doctor-shopping" when the first doctor, an internist, said to take fourteen aspirin a day and see a psychiatrist. I then went to a rheumatologist. To my surprise, he said to take eighteen aspirin a day and also agreed that good mental health is important.

Opening doors and climbing steps are my challenges. Shopping can also be a nightmare. I look healthy, but bad weather that is still two days off can sometimes knock me to my knees. 'It's sunny and 75 degrees out,' people say; 'you can't feel sick.' 'Oh yes, I can; oh yes, I do.'

"You can't judge a book by its cover. Just because I'm walking around and I look healthy doesn't mean that I feel healthy. Most people don't know how pain can drive a person into depression. Family and friends sometimes don't understand.

Another challenge is finding a doctor who takes my complaints seriously. When blood

tests and various lab tests are normal, I'm told that there is nothing physically wrong. Fibromyalgia pain and symptoms are the invisible illness."

"We are genuine and our complaints are very real. Fibromyalgia, for now, is a lifelong illness. I work fulltime and try very hard to go to work every day and not appear "chronically crabby". The noise of the copy machine or the glare of the fluorescent lights can increase my pain and fatigue.

Don't tell me to see a different doctor or to take pain medication. Finding a supportive doctor is challenging enough, but I am also very sensitive to many of the available medications. Being allergic to prescribed medication can be frightening, and for some, life-threatening. I'm glad that there is a Fibromyalgia Awareness Day."

"Fibromyalgia causes extreme pain and fatigue that makes getting out of bed some mornings the first challenge of the day! Pain medication, exercise and help with household tasks make life a little easier. Repetitive motions, chemicals in the air and in carpeting, etc. can all cause a flare-up.

Along with physical stress, there is emotional stress as well. If there is a family outing or a special occasion, I have to clear my calendar for the day before and the day after, since I'm learning to pace myself."

If some of this sounds familiar to symptoms you're experiencing in your life, please join us at one of the Fibromyalgia Awareness Programs on Tuesday, May 12, at the South Brooklyn branch of the Cleveland Public Library, 4303 Pearl Rd. The afternoon program will be from 1 to 3 p.m.; the evening program will be from 7 to 8 p.m. Fibromyalgia care-givers, family members and friends are also welcome.

20th Anniversary

For location information, call the numbers listed below or visit www.ohiocanal.org

Flats - 216-520-1825
Tremont - 216-575-0920
Ohio City - 216-781-3222
Big Creek/Old Brooklyn - 216-459-1000
West Creek - 216-749-3720
Train Avenue - 216-961-7687
Independence - 216-520-1825
Mill Creek/Morgana Run - 216-429-1182

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Community Toolbox

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it's about your neighborhood."



Let's All Cooperate

by Dana Korosi
Steel Valley Federal Credit Union

In these uncertain times, hardly a day goes by without the news reporting a troubling story about the financial stress we all feel. Businesses, institutions, you and I all feel the unsettling news of the day. Financial institutions continue to take much space in the reported media due to the unprecedented circumstances they find themselves in. Bailouts, TARP, rescue are all words we have become used to reading and hearing.

Is there an alternative to these large, at times uncaring, corporations? Is there a place in our own neighborhoods where we can still expect personal attention, someone who will listen to our story, a place where everyone knows our name?

Credit unions are that oasis of relief! Credit unions are not-for-profit financial service cooperatives (co-ops), owned and controlled by their members, and operating in a democratic way. What difference does that make?

Co-ops are businesses, in many ways like any other business. But a cooperative operates solely for the members' benefit. All co-op businesses run in accordance with seven basic principles, many of which have been part of the credit union co-op philosophy from their beginnings more than 150 years ago.

1. Open and voluntary membership. It's important that members voluntarily choose to become members. Ideally, according to the principles reaffirmed at the Manchester (England) Congress of the International Cooperative Alliance in 1995, cooperatives are "open to all persons able to use their services and willing to accept the responsibilities of membership...."

2. Democratic member control. Members ultimately control their cooperatives. When you attend your credit union's annual meeting or vote for the board of directors, you're exercising your member-owner control.

3. Member economic participation. According to the Manchester Congress, "Cooperatives operate so that capital is the servant, not the master, of the organization."

4. Autonomy and independence. While governments determine the legislative framework within which co-ops function, this principle asserts that co-ops also have an "essential need to be autonomous in the same way that enterprises controlled by capital are...."

5. Education, training, and information. This principle says members can play their role in the cooperative only when they understand that role and the co-op. That's one reason, for example, that your credit union provides you with this information and other educational tools.

6. Cooperation among cooperatives. Cooperators believe that co-ops have a unique opportunity to protect and expand the interests of ordinary people. This kind of one-for-all and all-for-one idea is unique among businesses. Even in localities where they compete, it's common for them to also cooperate on numerous activities.

7. Concern for community. Cooperatives exist primarily for the benefit of their members. Because of this strong association with members, they also are often closely and actively tied to their communities.

The staff of Steel Valley Federal Credit Union lives these points in their daily interaction with and service to its members. Visit us and learn how our cooperative difference might be just the solution to your situation.

Inexpensive ways to boost your home's value

by Donald Heckelmoser
donnaldh@oldbrooklyn.com

As the national foreclosure crisis continues to ramp up for another round, home values continue to decline. More and more people throughout the country continue to wake up with home values that are far less than what they owe on their homes. The following are inexpensive and easy ways to boost your home values that can be feasible at all income levels.

Basic renovations are the key to boosting your home values. Large scale and expensive projects (such as additions, new roofs and adding closet space) are always great ways to improve your home, but it is not always the most affordable.

Painting is a great way to improve the feel of your home while keeping money in your pockets. Two to five gallons of paint at your local paint vendor will not cost that much but is a great way remove the wear and tear that happens over time. If you are thinking of selling, be sure to stick with neutral colors that go with every décor.

Basic maintenance can be your key to finding out what is wrong with your home. Your average home inspection costs approximately \$250 and helps you avoid spending money where it doesn't need to be spent. This in turn gives you the most return for your investment. Once you have the inspection report for repairs you can work on fixing one problem a year, which gives you time to save and then recoup.

Energy efficient upgrades have and will always give a great return on your investment whether you are selling or staying in your home. Financing a new energy star washer - dryer combo can save you time and money over the long run. They are a great selling incentive and if you decide to stay can reduce

your utilities bills within the first few weeks of using them.

Remember that windows and doors only account for about 10% of energy loss in your home. This means that it shouldn't be your go to replacement project to reduce your utility bills. But, if you do want to replace your windows, try replacing one or two a year to keep the cost manageable. Vinyl windows have a long life and usually longer warranties.

A great way to tighten up your home if you can not afford to have your house dense packed (insulated) is to get some foam filler and some caulk. Caulking around windows and doors and air sealing (with foam filler) bypasses in your basement and attic can make a noticeable difference in utility bills and comfort.

For a cost of \$75-100, new fixtures in your kitchen and bathrooms, drawer handles and knobs for your cabinets can add to the new feel of any older home.

Landscaping is another good step for improving the feel of the outside of your home. Regularly maintaining your yard, edging and weeding can quickly make your home stand out in a crowd. Inexpensive but beautiful plants and flowers such a dogwood, forsythia and red-flowering butterfly shrubs can really make your yard stand out even more. Buying drought-resistant shrubs and perennials can add to the cost savings.

With the housing market on the decline and homes not selling very well it might be a good idea to stay in your home, ride out the housing market and invest in some inexpensive but efficient repairs.

Once the housing market picks back up - in a year, two years or even three years - you will have a great looking home that is easier to live in and easier to sell...for a profit.

Cyngier sponsors oldest furnace contest

by Roseann Cyngier, PhD

Who has the oldest furnace? You? A neighbor? A relative? Right now there is an exciting Oldest Furnace Contest sponsored by Cyngier Heating & Air Conditioning in progress. One lucky homeowner with the oldest furnace entered will win the Grand Prize of a new Carrier Comfort 80 furnace.

Five years ago, Old Brooklyn resident Tanya Dolin won the contest with her exceptionally old coal-converted-to-gas furnace. "It was unbelievable to find a working furnace 88 years old right here in the neighborhood!" says Dr. Roseann Cyngier, President of Cyngier Heating & Air Conditioning. "When we removed the old Beast-in-the-Basement, we relocated the new furnace to a side wall which allowed Ms. Dolin plenty of room for her grandchildren to roller skate in the basement."

Ms. Dolin was so pleased with the project that she had Cyngier Heating & Air Conditioning install another new furnace next door. Cyngier Heating & Air Conditioning is a well established contractor with national and local awards, including The Better Business Bureau Environmental Excellence, Carrier Distinguished Dealer, Best Contractor in the Midwest/Great Lakes Region (by *The News*) and many more. Cyngier's spring promotion is the ONE, TWO, FREE special - buy two ProCheck tune-ups at regular price and receive the third free for your parents, son, rental house or just yourself. Call for details.

It is simple to enter this Oldest Furnace Contest. Details and entry form are at www.cyngier.com or can be obtained by calling Cyngier at 216-641-5500. Hurry, as the deadline to enter is May 31st, 2009.

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Polish Constitution Day from front page

● your aunts have names like Stella/Stacia, Sophie, Helen, Lottie, Mary, Anna, Dorothy, Irene, Sophie, Katherine, Rose and Celia;

● one of your aunts is a “Polish Joe” (i.e., a Sister of St. Joseph of the Third Order of St. Francis), the nuns who started Marymount Hospital and Trinity High School — when it was still called Marymount;

● your grandpa and your father had all of Li'l Wally's (Walter Jagiello) and Frankie Yankovic's albums. Wally's polka music was Chicago-style, and Frankie's was Cleveland-style. Frankie was Slovenian, not Polish, but when you hear him sing “Who Stole the Kishka?”, you understand what he's singing about (kiszka, a ring-shaped sausage);

● many of the west-siders in your family who once lived in the “Southside” (today's Tremont) now live in Parma and many of the east-siders in your family who once lived in today's Slavic Village now live in Garfield Hts., Maple Hts. and Warrensville Hts.;

● although your relatives have last names that look like an eye doctor's chart, they're all easy for you to spell and pronounce;

● unlike my father, who shortened Filipowski to Filips, you've resisted the trend to Americanize your surname, and never removed the ethnic suffix (-ski, -ska, -czyk, -wicz, -icki, -eck, etc.);

● you know that there is no “v” in the Polish alphabet, and that a Polish “w” is pronounced like an English “v”, a Polish “j” like an English “y”, “prsz” like an English “ch”, and “l” with a line through it like an English “w”;

● you sing *Sto Lat* to your family members on their birthdays;

● Christmas Eve is more important in your family than Christmas Day is, and you always shares opłatki wafers with each other at Christmas dinner;

● pussy willows are more a part of your Palm Sunday than palms are (because palms don't grow in Poland);

● you love Bobby Vinton, “the Polish Prince”, and after your brother had a few drinks, he sang *My Melody of Love* at your wedding reception;

● your family expects that there will be dollar dances at the weddings they attend;

● you got your home mortgage from Third Federal Savings and Loan Association;

● you not only know where the Polish American Cultural Center is, you often go there for Sunday dinner;

● you also like to eat at Sokolowski's University Inn in Tremont and the Red Chimney in Slavic Village;

● you know how to make kielbasa, but you're also happy buying it from Jaworski's (now in Middleburg Hts. instead of Slavic Village) or any of the other Polish butcher shops listed in Laura Taxel's *Cleveland Ethnic Eats*;

● your mother's recipe for pierogis used at least a dozen cups of flour; she also taught you how to prepare golabki (stuffed cabbage rolls), kapusta (a dish containing cabbage or sauerkraut), czernina (duck blood soup) and chrus-

ciki (fried crullers, also called angel wings);

● you regularly tune in to Cleveland's polka radio shows like WHK 1420 AM's *Prime Time Polkas* on Sundays from 7 to 8 p.m., and WJCU 88.7 FM's *Polish Freight* on Sundays from noon to 2 p.m.;

● you bought James Michener's *Poland*, though you probably didn't finish reading it;

● you belong to the Cleveland Chapter of the Polish Genealogical Society, which meets at St. Mary's Polish National Catholic Church on Broadview Rd. at Wexford Ave on the first Tuesday of the month;

● when you've got big travel plans, you book your trips with Kniola Travel Bureau (established,1890) on Fleet Ave., Ameripol Travel on E. 71st St., Cosmopolitan Agency on Lansing Ave., or Shipka Travel on State Rd.;

● you know that the real name of Cleveland's Olympic Gold Medalist star, Stella Walsh, was Stanislaw Walasiewicz;

● you have your life insurance through the Alliance of Poles, The Association of Polish Women, The Union of Poles, The Polish National Alliance, Inc. or another Polish fraternal organization;

● when one of your family members dies, depending on where he/she lived, the wake will probably be at Tomon's, Golubski's, Komorowski's or Mosinski's;

● you can spell Czestochowa and you have a picture of Our Lady of Czestochowa hanging in your home (and one of Pope John Paul II, too);

● you've been to the Polka Hall of Fame at 605 E. 222nd St. in Euclid;

● you're a member of the Cleveland Polka Association, which not only offers many perks to members, but also offers free polka lessons to non-members;

● you remember all the old Polish neighborhoods in Cleveland and the churches which anchored them (*Warszawa* – St. Stanislaus; *Poznan* – St. Casimer; *Kantowo* – St. John Cantius/Kanty; *Josephatowo* – St. Josaphat; and our own *Barbarowo* – St. Barbara's);



www.polandpoland.com

● you're outraged at the number of Roman Catholic churches the Diocese of Cleveland has ordered to close which were founded as Polish parishes;

● you almost always attend the Polish Constitution Day celebrations, as well as the events which precede it –

--the spring clean-up at the Polish Cultural Garden on Martin Luther King Blvd. (University Circle area) at 10 a.m. on Saturday, May 2nd;

--the annual Polonia Ball and the naming of Miss Polonia 2009 at 7:30 p.m. on the same day;

--the wreath-laying ceremonies at the statue of Kazimierz Pulaski on the mall downtown and at the Polish Cultural Garden on the morning of Sunday, May 3rd (meet at the Alliance of Poles at 7:45 a.m.);

--the Constitution Day breakfast at St. Casimir Church, 8223 Sowinski Ave., at 9:30 am, followed by the Memorial Mass at 10:30 am, also on May 3rd.

While they're not approaching it from a “you're so Polish if...” perspective, Polish groups want Polish young people to stay in touch with their heritage. To encourage them to do so, the Polonia Foundation of Ohio, Inc. offers partial college scholarships; students can apply for them until June 1, 2009. To request an application form, contact Richard Jablonski, Scholarship Chairman, c/o Polonia Foundation of Ohio, Inc., 12716 Oakview Blvd, Garfield Heights, OH 44125.

In addition, the Kosciuszko Foundation and the Polish Army Veteran's Association, District 2, are sponsoring a World War II essay contest. The theme is “International Significance of the Nazi-Soviet Invasion of Poland in September 1939”. The winner will receive \$2,000; a runner-up will receive \$1,000. Applications for the 2009 Historical Essay Contest can be found at <http://www.kosciuszkofoundation.org/educational.html>; the deadline to apply is July 1.

(Acknowledgments: I am grateful to Olga Sarbinowska for giving me the information about the Polish Constitution Day activities and also to Christine Dziedzina and Alice Kulwicki for helping me tweak some of my “You're so Polish...” statements.)



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SENIOR NOTES

Senior Citizen Resources (SCR)
(Must be 60 and over)
216-749-5367

Bocce Ball - Tues., 8:30 am, Estabrook.

Book Club - Call 216-749-5367 to register.

Chair Bowling - Mon., 10 am, Deaconess-Krafft. Mon. & Fri., 10:30 am, Estabrook.

Chair Exercise - Tues., Wed., Thurs., 11:30 am, Estabrook Recreation. Fri., 10:30 am, Deaconess-Krafft.

Chair Volleyball - Mon., 10:45 am. Deaconess Krafft. Wed., 11 am & Thurs., 10:45, Estabrook.

Craft Classes - Tues. & Thurs. 9:30 - 11:30 am, Deaconess-Krafft.

Crochet Klatch - Tues., 9:30 - 11:30 am, Estabrook.

MetroHealth Lite & Easy Exercise - Mon., Wed. & Fri., 9:30 - 10:30 am. Light exercise class with a certified fitness instructor; \$2 per class. Estabrook.

Post Office on Wheels - First Thurs. of every month, 9:30 - 10 am, Deaconess-Krafft. 11 - 11:30 am, Estabrook.

“SCR Strollers” - Walking group, Tues., 10:15 am; meet at Estabrook.

Corn Hole - Tues., 9:45 am. Estabrook.

Wii Games - Fri., 11 am. Deaconess- Krafft.

Fun & Games

Canasta - Mon. & Wed., 12:30 pm, Deaconess Krafft.

Fruit Bingo - Mon., 11:30 am, Estabrook; & Wed., 10:30 am, Deaconess-Krafft.

Pinochle Playing - Tues. & Fri., 12:15 pm, Deaconess-Krafft.

CHURCH NOTES

Saturday, May 1st
Car Wash

St. James Lutheran Church 4771, Broadview Rd. 9 am - noon. Sponsored by St James youth Bring your car for a good cleaning.

Wednesday, May, 6th

St. Ann’s Womens Guild, Luncheon Card Party Our Lady of Good Counsel Parish Center, 4427 Pearl Rd., noon - 4 pm. Includes large or small raffles, door prizes & table prize. Donation, \$5. Call Julia Santamaria, 216-351-9970, for more info.

Line Dancing - Tues., 1 pm, Deaconess Krafft.

Healthy Living Group - Fri., 11:15 am. Estabrook.

Healthy Choices - Thurs., 11 am. Deaconess-Krafft.

Wednesday, May 6th - Friday, May 15th
24th Annual Senior Olympics; register at Deaconess-Krafft. Cost - \$15.

Tuesday, May 19th

Granny’s Closet - 10 am - 3 pm, Deaconess-Krafft.

Sunday, June 14th

Pancake Breakfast - Deaconess-Krafft.

Tuesday, June 16th

Cleveland Indians vs Milwaukee Brewers, Depart Estabrook, 6:15 pm. Cost - \$22.

Tuesday, June 23rd

Lake Erie Island Hopping Cruise - Kelley’s Island & Put-In-Bay. Cost \$69.

MetroHealth’s/Macy’s Oasis Program
Now thru May. Macy’s, 8001 W. Ridgewood Dr., Parma, 440-886-1157. Weekday classes in many topics -- history, computers, health, art, music & more. Open to individuals 50 years & older. Must be member to take classes; membership is free; most courses have a fee. Read class schedule & register online at www.oasisnet. org/cleveland; mail & in-person registration, too. Also sponsored by Mature Services.

Wednesday, May 6th & May 20th

St. James Lutheran Church 4771, Broadview Rd. upstairs Gathering rm., noon. May 6th, play Mexican Train; everyone should bring a sack lunch; beverages will be provided. On May 20th, lunch will be provided & the Lutheran West High School singers will be singing. Let us know that you're coming, 351-6499.

Saturday May 9th
Rummage Sale

Broadview Baptist Church, 4504 Broadview Rd. 1/2 mile north of Schaaf Rd. 9 am - 5 pm.

Sunday, May 10th

Mother's Day Services & Brunch

St. James Lutheran Church, 4771 Broadview Rd. All mothers will receive some recognition. Mother's Day Brunch, 9 - 10 am (between the services) with eggs & more in the upstairs Gathering Rm. Tickets, \$7 adults & \$4 children under 10. Call for reservations, 351-6499.

Saturday, May 16th
Reverse Raffle & Dinner

Our Lady of Good Counsel Parish Center, 4427 Pearl Rd., 7 p.m. Only 200 tickets sold. \$1000. prize for last ticket drawn. Also 50/50 side boards, instant Bingo and number squares. Price - \$35 a person with roast beef dinner; \$25 w/o dinner. For tickets call Maryellen, 216-749-1349 or Roger, 216-269-3114 or email Roger at rogmatt61@yahoo.com.

Monday, May 18th
"Keep the Faith" Dinner

St. James Lutheran Church, 4771 Broadview Rd, upstairs gathering room, 6 pm. For those who are unemployed & have other concerns. Roundtable discussion about these concerns; conclude with prayer. Then a chicken casserole & more dinner for \$2. Reservations required contact church office, 216-351-6499.

Saturday, May 16th
Rummage Sale

St. James Lutheran Church, 4771 Broadview Rd, 9 am - 2 pm downstairs in the church hall. Buy a bag for \$4 to get many items. Everyone invited.

Thursday, May 21st

20th annual Senior Day

Cleveland Convention Center, 500 Lakeside Ave., downtown. 10 am - information fair; 11 am, program;. 12 noon - lunch. Sponsored by City of Cleveland Dept. of Aging. Free. For more info., call 216-664-2833.

Saturday, May 23rd

Womish Fellowship Brunch

Vine Bible Fellowship, 3510 Broadview Rd. 10 am - 12 noon. A time of refreshing -- Word, prayer, games, food, fellowship, gifts & fun. Bring your favorite casserole or dessert. RSVP to 216-799-9769 or 216-741-1066.

Sunday, May 24th

Corpus Christi Church, 5204 Northcliff Ave., Brooklyn Post #61 & Ladies Auxiliary of the Polish Legion of American Veterans (PLAV) participating in the 10 am Mass to honor U.S. war dead, followed by short service & wreath-laying ceremony at the memorial monument outside the church; 63rd year the Post has been commemorating Memorial Day at Corpus Christi. Members should assemble at 9:30 am.

Wednesday, May 27th

Amish Countryside Tour

Our Lady of Good Counsel, 4427 Pearl Rd. Depart 7 am.; return 7 pm. Cost - \$55. Package includes round trip motorcoach fare, family style dinner at The Amish Door, tour & shopping at Steiner Cheese Factory, tour & shopping at Baltic Mills, shopping at the new Amish flea market & driver gratuity. Call Julia Santamaria, 216-351-9970, for more info.

St. Luke’s Saturday Evening Service

St. Luke’s United Church of Christ, 4216 Pearl Rd., (corner of Pearl & Memphis). Can’t make it to church Sunday morning? St. Luke’s offers an opportunity to worship on Saturdays at 5 pm. Parking off Memphis Ave. or behind Charter One Bank on Pearl Rd. Church entrance on Pearl Rd.

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Asst. Pastor: Dr. John Wood
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Wednesday Night Bible Study: 7 pm
http://broadview-baptist-church.org
website: broadview-baptist-church.org

Bethel Free Will Baptist Church

3354 Fulton Rd. Phone: 216-631-9199
Rev. Freddie Ray, 216-355-2137
Sunday School: 9:30 am Service: 10:30 am
Sunday evening service: 6 pm
Thursday evening Bible Study, 7 pm
Good gospel singing & preaching

Harmony Baptist Church

4020 Ridge Rd., Brooklyn
Pastor: David Wojnarowski
Phone. 216-351-3740
Sunday Worship: 11am & 6 pm.
Sunday School: 9:45 am; Wed. Prayer 7 pm

BYZANTINE CATHOLIC

St. Mary Byzantine Catholic Church

4600 State Rd. Phone: 216-741-7979
Pastor: Very Rev. Steven Koplinka
Father Deacon: Joseph Hnat, 216-233-4118.
Divine Liturgies: Sat. Vigil, 4 pm.; Sunday, 11 am; Holy days, 9 am. Crystal Chalet
Phone: 216-749-4504
School #: 216-749-7980 Pre-School #: 216-351-8121

CHARISMATIC

Good News Ministires Church

3705 West 36th. (W. 36th & Mapledale Ave.)
Phone:216-398-4913
Pastor: Ernie Green.
Sunday Worship, 11 am
TV - Tues. 6:30 pm. Ch.21- 9 pm Ch. 26.
Fri. 6:30 pm, Ch 21 Time Warner Channel.

EVANGELICAL

Grace Church

Sunday Worship: 10:00 am. (Cafe Oasis following)
2503 Broadview Rd. & W. 28th St.
Phone: 216-661-8210
Email: Grace.Church@graceoldbrooklyn.org
Pastor: Jeff Doeringer & Charlie Collier

LUTHERAN

Dr. Martin Luther Ev. Lutheran Church

4470 Ridge Rd. Phone: 216-749-5585
Pastor David W. Bennett. Sunday worship,
Traditional service 9 am. Praise service
10:30 am. Sunday school, 10:30 am.
www.LutheranOnline.com/DMLChurch.

Gloria Dei Lutheran Church E.L.C.A.

5801 Memphis Ave. Phone: 216-741-8230
Sunday Worship & Sunday School: 10 am.

Immanuel Lutheran Church

Scranton & Seymour Ave. Phone: 216-781-9511
Pastor: Rev. Horst Hoyer & Rev. John Hoyer
German Worship: Sun. 9 am. English 10:30 am

Parma Evangelical Lutheran Church

5280 Broadview Rd. (North & Tuxedo Ave.)
Phone: 351-6376 Pastor: Donald E. Frantz II
Sunday Worship 10:20 am Sat. 5:15 pm.
Sunday School: 9 - 10 am. Coffee, 8:30
Financial Peace University (13 weeks) Sat.,
2:30 - 4:30 pm. Call 216-524-4288.

St. James Lutheran Church

4771 Broadview Rd. Phone: 216-351-6499
Pastor: Paul W. Hoffman
Sunday Worship: 8 & 10:30 am/ Sat. Serv: 5 pm.
Sunday School & Bible Class: 9:15 am
Website: stjamescleve.com

St. Marks Lutheran Church

4464 Pearl Rd. Phone: 216-749-3545
Pastor: Richard E. Kurth
Sunday Worship: 10:15 am, Sat. - 5 pm.
Sunday School & Adult Bible Study, 9 am
Elementary School: grades K - 8

Unity Lutheran Church

4542 Pearl Rd. - Phone: 216-741-2085
Rev. Peeter Pirm - Worship Service: 9:30 am
Sunday School & Adult Study: 11am
Preschool/Day Care 3-12 yrs. www.unity-lutheran.org

NON-DENOMINATIONAL

Circle of Inner Light Spiritual Community

4815 Broadview Rd. Swedenborg Chapel. 216-398-7743. Ministers, Rev. Virginia Collins & Renielle Brooksieker. Spiritualist services, prayer & healing circle, study classes, ceremonies (marriage, memorial, etc.) Life coaching. Yoga. 6 pm Sun. service. www.circleofinnerlight.com
LTeacherforlife@aol.com

Institute Of Divine Metaphysical Research

4150 Pearl Rd. Free Public Lectures.
Phone: 216-398-6990 www.idmr.net
Sun.: 11 am - 1 pm, Mon. & Wed.: 7-9 pm.
All invited & encouraged to attend!

Kingdom Come Church Ministry

2136 Broadview Rd. Phone: 216-526-5258
Pastor: Ronald D. Roy Sr. 216-269-6931
Sunday worship: 11 am. Bible study, Thurs. 7 pm. Experiencing god in His House
kchurchministry.com

Palace of Praise

4274 Pearl Rd. Phone: 216-741-9322
Pastor: Rev. Joseph Terry
Sunday Worship: 10:30 am
Wednesday Service: 7 pm
Miracle Service: Friday, 7 pm

POLISH NAT’L CATHOLIC

St. Mary’s Church

Corner Broadview & Wexford, Parma
Pastor: Rev. Roman Misiewicz
Phone: 216-741-8154
Sunday Masses: 9 am English, 11 am Polish
Sunday School: 10:00 am

ROMAN CATHOLIC

Our Lady of Good Counsel Church

4423 Pearl Rd. Phone: 216-749-2323
Pastor: Fr. LeRoy J. Moreeuw, C.P.P.S.
Masses: Sat. 4:30 pm; Sun., 8:30 & 11am
Weekday Masses: Mon.-Sat., 8 am
School Phone: 216-741-3685

Church of St. Leo The Great

4940 Broadview Rd.
Phone: 216-661-1006
Pastor: Fr. Russ Lowe
Masses: Sat., 4 pm. Sun., 8 am, 10 am & 12 noon

Saint Barbara Church

1505 Denison Ave.
Phone: 216-741-2067
Administrator: Fr. Lucjan Stokowski
Masses: Sat., 4:30 pm;
Sun., 9 am, 11am (Polish)

Corpus Christi Church

5204 Northcliff Ave.,
Phone: 216-351-8738
Pastor: Fr. Russell Lowe
Masses: Sat., 4:30 pm; Sun., 10 am.
Weekday Mass: Mon. & Wed., 9 am.

PRESBYTERIAN

Brooklyn Presbyterian Church (USA)

4308 Pearl Rd. at Spokane Ave.
Phone: 216-741-8331 Rev. Adrienne Lloyd
Sun. Worship: 10:30 am. Sun. school 10:15 am
Parking at Busch Funeral Home

SWENDENBORGIAN

Swedenborg Chapel

A New Christianity 4815 Broadview Rd,
Phone: 216-351-8093
Pastor: Rev. Junchol Lee
Sunday Worship: 11am
Adult Bible (non-denominational): Sun., 10 am
Non-Denomination Weddings- 216-351-8093
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UNITED CHURCH OF CHRIST

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2800 Archwood Ave. Phone: 216-351-1060
Rev. Stephen Adams, Interim Pastor
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provided ages 1-5. Children's Sunday school
11:15 am Multicultural Open & Affirming.
www.archwooducc.org

Brooklyn Heights U.C.C.

Rev. Dr. Lee Holliday
2005 W. Schaaf Rd. Phone: 216-741-2280
Nursery with adult supervision
Sunday Worship & Church School: 10 am

Brooklyn Trinity U.C.C.

8720 Memphis Ave: Phone: 216-661-0227
Pastor: Rev. Robert Z. Lahr
Sunday School & Worship: 10:30 am

St. Luke’s U.C.C.

4216 Pearl Rd. (corner Memphis Ave.)
Phone: 216-351-4422
Pastor: Gerald Madasz
Saturday Evening service 5 pm
Sunday Worship: 10:15 am

UNITED METHODIST

Brooklyn Memorial UMC

2607 Archwood Ave. Phone: 216-459-1450
Pastor: Rev. Pamela Buzalka
Sun. Worship: 10:45 am. Sun. school 10 am
Tues., Weekday wonders bible study, 11 am.
Everyone welcome!

Pearl Rd. United Methodist Church

4200 Pearl Rd. Phone: 216-661-5642
Pastor: Rev. Paul Wilson
Sunday Worship & Sunday School: 10 am
Adult Study & Coffee Hour: 11 am
Free hunger meal Thursdays: 6 pm
http://www.gbgm-umc.org/pearl-road-umc

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AT YOUR SERVICE - Cleaning, painting, errands. Home & office. Experienced, references. \$12 - \$15 hr. Call Bob at 216-401-4029.

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ELECTRICIAN FOR HIRE – Trouble-shooter. Install outlets, fixtures, fans, switches & panels. Reasonable, licensed. Call Dale, 216-883-8934.

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Federal and state laws state that no person shall be discriminated against while seeking to buy, lease or rent housing regardless of race, color, religion, sex national origin, handicap or familial status. This newspaper will not accept any advertising for real estate which expresses a preference, limitation or discrimination. CLEVELAND TENANTS ORGANIZATION is a fair housing agency available to persons who believe they have been discriminated against. Cleveland Tenants Organization is located at 2530 Superior Avenue, Cleveland, Ohio 44115 and may be reached at 363-5270 (discrimination complaint hotline) or 621-1571 (tenant/landlord helpline). All advertisements for the sale or rental of a dwelling published in The Old Brooklyn News are subject to the Fair Housing Act which makes it illegal to express a preference, limitation or discrimination on account of race, color, religion, sex, national origin, handicap or familial status. Readers and advertisers are hereby informed that all housing opportunities advertising this newspaper are available on an equal opportunity basis.

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Front row L - R: Tom, Mark, Joe, Max the dog, Andrea, Joey
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A sampling of spring events in and around the Big Creek Valley



Photo courtesy of Barb Spaan

The 2009 Safety Summit was held on Saturday, April 4th at Corpus Christi School. It started with breakfast donated by Rose Roy and prepared by Memphis Burger King. Street captains from Fulton Rd., Eric Ave. & Andrea Lane served the coffee, juice and pastry. After a brief introduction by Councilmen Kevin Kelley and Brian Cummins, Cleveland Police Second District Commander Keith Sulzer announced four possible workshops to attend: 1) "Sex offender Next Door" presented by Officer Melissa Harris; 2) "Rape Crisis" presented by Theresa Matthew; "Sex Crimes" presented by Detective Christine Cotton; 3) "Street Smarts" presented by Officer Jeff Stanczyk; and 4) "Gun Safety" presented by Officer James Brill. Attendees could pick two 45-minute workshops. To thank everyone for their participation, the morning ended with door prizes -- Indians tickets donated by Councilman Kelley and gift certificates from Dee's Old Brooklyn Diner, Gabe's Family Restaurant and The Sausage Shoppe. The annual event helps educate residents and keep the neighborhood a safe place to live, work and raise families. It was coordinated by Lt. Frank Bolon from Second District and Barbara Spaan, OBCDC's Outreach Manager.



Photo courtesy of Sharon Martynowski

Greg Cznadel (center), a member of Brooklyn Centre Naturalists (BCN), promotes the group to a woman attending Earth Fest at the Cleveland Metroparks Zoo on Sunday, April 19. Tim Ferris (right) and Joe Mesnick (left) were also manning the BCN booth during that time slot. In addition to handing out literature, BCN raffled off two gift baskets containing nature-related items (gardening, butterflies, hummingbirds, etc.) Two other neighborhood organizations -- Friends of Big Creek (FOBC) and the West Creek Preservation Committee -- also had tables nearby, doing the same type of promotion of their organizations. FOBC recently received grants from the Cuyahoga County Board of Health and Freshwater Future to publish a newsletter, but it was not ready for distribution at EarthFest.

On Saturday, March 28, 2009, CWRU's Maria Dimengo led a "Case Cares About Cleveland" project to make the commercial corridor of Old Brooklyn more visually appealing. Over three dozen Old Brooklyn and Brooklyn Centre residents and fifteen Case Western Reserve University students cleaned windows, displayed art and picked up litter. Local artisans Andre Holt, Amy Kreiger and students from Art House, William Cullen Bryant and Michael R. White Elementary Schools donated or lent pieces for this project. Several people from the community hung the artwork. In the top right photo, taken outside of Slices, a pastry shop at 4190 Pearl Rd., (L-R) Carla Haas, Andrew Smith, Anne Smith and Catiera McCoy pose with some of the artwork. In the bottom right photo, (L-R) Chuck Nohejl, Dwight Hartman and Jeff Sugalski stand in front of the Krather Building. Other pieces adorn additional merchant windows along Broadview Rd. and Pearl Rd. Visit blog/case.edu/cleveland/ for more information.



Photos by Maria Dimengo



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Save the Dates

MOVIE NIGHT UNDER THE STARS

June 19, 2009 - Archmere Park- 9:00 p.m.
"Love Bug"
Rain date: June 27

July 25, 2009 - Loew Park- 8:45 p.m.
"Goonies"
Rain date: July 31

August 14, 2009 - Brookside Reservation- 8:00 p.m.
"Finding Nemo"
No rain date

For more information- Call Lori at 216-459-1000

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